## PHYSIATRY Ou-Site IN HINGHAM & DUXBURY Lacking for ways to antimize

Looking for ways to optimize your short-term rehabilitation stay?
Dr. Avraham can help!



## DR. RON AVRAHAM, MD Board-certified in Physical Medicine & Rehabilitation (ABPMR) and Pain Medicine (ABPM)

## **TREATING**

Injury, chronic pain, and And improving your overall mobility and function

Physiatry is a medical specialty that aims to help people regain function after an injury, disease, or disorder. Physiatrists use a holistic approach to care that considers how a patient's condition affects their life, including their work, home, and daily activities.

Physiatrists use a variety of techniques including medications, injections, noninvasive modalities, therapeutic exercise, prosthetics/orthotics, cognitive therapy, and adaptive devices to treat patients of all ages. The goal of physiatry is to improve mobility and quality of life, reduce pain, and increase independence for people with chronic pain, physical impairments, or disabilities.

Treatment by a physiatrist can help reduce hospital readmissions, decrease falls, and increase functional outcomes and patient satisfaction.



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