



You Are Invited to Join Us for a Free CEU Program for Nurses & Social Workers

**Thursday, September 21st
2pm to 4pm**

Topic: Chocolate and Coffee:
The Good, the Bad and the Ugly

**Springside Rehabilitation
and Nursing Center**

255 Lebanon Avenue • Pittsfield, MA

Presented By:

HOSPICE
*of Western & Central
Massachusetts*

Featuring Chocolates From:



Who doesn't love coffee and chocolate? This "mostly for fun" presentation explores the mechanisms by which chocolate and coffee may have a beneficial effect on your health, identifies and discusses the risks of consuming chocolate and coffee, and discusses the specific medical conditions on which chocolate and coffee may have a positive or negative impact on your health. Throughout this presentation, participants will be given the option to sample various types of chocolate!

**Pre-registration is required by contacting:
Denise Vigna, Director of Marketing and Outreach at 413-441-8007
email: dvigna@banecare.com**

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