Reaching Your Goal

Discharge Planning and Teaching

A comprehensive discharge plan based on your unique needs will ensure a smooth transition back home. Our rehabilitation team and social workers will meet with you and those who will be supporting you to assess all your safety and assistance needs prior to returning home. Areas addressed include:

- Physical layout of your home
- Medication review and teaching
- Coordination of home care services and physician appointments
- Arrangement for special equipment and teaching
- Follow-up call to ensure services and equipment are in place and working

For more information visit www.banecare.com

BaneCare

Rehabilitation & Nursing Centers

ABBOTT HOUSE*, Lynn • 781-595-5500

BAY PATH, Duxbury • 781-585-5561

THE BOSTONIAN*, Dorchester • 617-265-2350

BRIGHTON HOUSE, Brighton • 617-731-0515

COLONIAL, Weymouth • 781-337-3121

CRANEVILLE PLACE, Dalton • 413-684-3212

DEVEREUX HOUSE*, Marblehead • 781-631-6120

HANCOCK PARK, Quincy • 617-773-4222

HARBOR HOUSE, Hingham • 781-749-4774

JOHN SCOTT HOUSE, Braintree • 781-843-1860

PARK PLACE, Hyde Park • 617-361-2388

ROSEWOOD, Peabody • 978-535-8700

SPRINGSIDE, Pittsfield • 413-499-2334

*BaneCare Management / Third party ownership

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Caring for Families since 1959
A Matter of Trust

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REHABILITATION

Therapy

Physical • Occupational • Speech-Language

BaneCare
Rehabilitation & Nursing Centers

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At BaneCare Management Rehabilitation and Nursing Centers, our dedicated team of rehabilitation therapists, nurses, social workers, dieticians and support staff is committed to helping our patients return to optimal independence. Under the direction of your attending physician, our team works with each patient and their family to develop a customized care plan designed to meet the patient's individual needs.

Regain Strength, Confidence and Mobility

Our rehabilitation and nursing centers have extensive experience in providing innovative rehabilitation therapy for a variety of conditions such as:

- Loss of strength and mobility following a hospital stay
- Hip fracture
- Joint replacement
- Back surgery
- Stroke
- Amputation
- Wounds
- Cardiopulmonary reconditioning
- Swallowing disorders
- Multiple Sclerosis, Parkinson's and other neurological diseases

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Types of Therapy

Each of our skilled rehabilitation and nursing centers offers physical therapy, occupational therapy and speech-language therapy.

Physical Therapy

Physical Therapists provide individualized exercise and training programs to restore strength, movement and function. Activities include:

- Gait and balance training
- Wound management
- Pain relief including heat and ultrasound treatments
- Using a prosthesis
- Leg and foot splinting
- Transfer training
- Educational instruction for patients and family prior to returning home

Occupational Therapy

Occupational Therapists provide individualized assessment and treatment for enhancing daily living skills such as moving about the house and in the community, preparing meals and bathing.

Activities include:

- Muscle strengthening and endurance building
- Balance and coordination training
- Home safety evaluation
- Arm and hand splinting
- Guidelines and suggestions for dealing with decreased mental functions
- Educational instruction for patients and family prior to returning home

Speech-Language Therapy

Speech-Language Therapists provide individualized assessment and treatment for problems with speech, language, voice, mental functions and swallowing. Activities include:

- Instructions for speech and language problems associated with a stroke
- Mouth and throat strengthening for speech and swallowing problems
- Using communication devices
- Changes in food preparation for swallowing problems
- Memory training
- Educational instruction for patients and family prior to returning home

"Providing expert care with a personal touch"

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